

## ENGLISH CONGREGATION THEME 2009: "CARRYING THE CROSS"

### SPIRITUAL HEALTH SATISFACTION CHECK

*This survey is solely intended for the individual to gauge for himself his own satisfaction of his own spiritual health. The submitted copy is meant for statistical tracking and shall be kept anonymous unless otherwise volunteered.*

#### 1. **Worship ~ My Worship**

- a. How prepared am I for worship each Sunday?  
 Always     Sometimes     Just come     Always late     Church optional
- b. How conscious am I to live as a Christian everyday?  
 Always     Mostly     Sometimes     Rarely     Sunday only
- c. How satisfied am I with the present state of My Worship?  
 Very     Good     Fair     Stagnant     Not

#### 2. **Discipleship ~ My Walk**

- a. How is my devotional life (quiet time and prayer)?  
 Daily     Regular     Occasional     When I remember     No
- b. How is my discipleship life (Bible reading/study, books, seminars etc.)?  
 Daily     Regular     Occasional     When I remember     No
- c. How satisfied am I with the present state of My Walk?  
 Very     Good     Fair     Stagnant     Not

#### 3. **Mission & Evangelism ~ My Witness**

- a. How often do I share with others about Christ?  
 Very     Often     Sometimes     Rarely     No
- b. How burdened am I for lost souls?  
 Very     Often     Sometimes     Rarely     No
- c. How satisfied am I with the present state of My Witness?  
 Very     Good     Fair     Stagnant     Not

#### 4. **Fellowship ~ My Relationship**

- a. How often do I meet up with believers other than on Sunday?  
 Regular     Often     Sometimes     Rarely     No
- b. How involved am I in church activities (cell/fellowship groups/outings etc.)?  
 Very     Often     Sometimes     Rarely     No
- c. How satisfied am I with the present state of My Relationship?  
 Very     Good     Fair     Stagnant     Not

**5. Service ~ My Work**

- a. How involved am I in church ministries?  
 Very       Involved       Occasional       Try to       Not necessary
  
- b. How consistent am I in treating my secular job also as my service to God?  
 Very       Regular       Sometimes       Try to       Not the same
  
- c. How satisfied am I with the present state of My Work?  
 Very       Good       Fair       Stagnant       Not

**6. My overall feel of my spiritual health is?**

- Good       Normal       Fair       Stagnant       Backslided

*\* If you think that you would like advice in any areas, please write your name and contact on the submitted section of this survey and we will get back to you. All information will be kept confidential.*

**Optional:**

**Name:** \_\_\_\_\_

**Contact Details:** \_\_\_\_\_